

Avoiding Scams

- Be careful with all online transactions. Verify the sender's information.
- Do not send money for:
 - "Get rich quick" scams.
 - Threats that a loved one has been imprisoned abroad and you need to pay their bail.
 - Threats to pay for taxes owed or avoid an arrest warrant.
- Do not open emails from addresses you do not recognize. Some spam emails get into your main inbox and will install viruses on your computer.

Do not accept/send checks as payment for anything you sell/purchase online

Mass Marketing Scams

- Do not respond to calls about "Sweepstakes" or "Lotteries".
- Do not believe calls claiming to be the "government" requesting your Social Security number or a Tax return in exchange for payment.
- Do not believe calls pretending to be from "credit card companies" offering to improve your credit for a nominal fee.
- Be cautious of groups with names sounding similar to popular charities asking you to donate money for their "cause."

Medical Fraud

- Medical Equipment Fraud: A con-artist will supply "free" medical equipment to a client but charge his/her Medicare without the client knowing.
- Rolling Labs: Fake tests that are given to seniors at health clubs, retirement homes, or shopping malls, and then billed to their health insurance later.
- Counterfeit Prescriptions: Do not purchase medicine online or from any "special deals." Do not buy "breakthrough" drugs or "secret formulas."
- If your prescriptions are not working as intended, consult your physician immediately.

Important Numbers

Emergency	9-1-1
Non-Emergency	831-471-1121
Abandoned Vehicles	831-454-7602
Animal Complaints	831-454-7303
Consumer Affairs	831-454-2050
PG&E	1-800-743-5000
Public Works	831-454-2160

Sheriff's Centers

Live Oak/Soquel Center	831-454-7682
San Lorenzo Valley	831-461-7400
South County	831-763-4420
Aptos	831-662-0690

 Nextdoor

<https://nextdoor.com/>

Santa Cruz County Sheriff's Office

YANA

You Are Not Alone

A Telephone Reassurance Program for Santa Cruz County Sheriff Residents



(831) 454-7686

**Service
Community
Innovation**

Santa Cruz County
Sheriff's Office
Website: <http://scsheriff.com>
Jim Hart, Sheriff-Coroner

You Are Not Alone

How It Works

- **Calls are made Monday through Friday between the hours of 9:00 am and 5:00 pm.**
- **You create the schedule for your calls.**
- **A log will be kept to verify that contact was made and to make note of any special requests or changes to your schedule.**
- **During the telephone calls, volunteers will also check if you are eating, healthy and getting your basic needs met. If needed, community resources can be provided for other services and support.**
- **If you do not answer the telephone after three attempts, we will call your Emergency contact.**
- **If no one can reach you, a Sheriff volunteer driver or a Deputy will go to your home to make sure you are not sick, injured or in need of help.**



How to Enroll

The enrollment process is very basic. All information is kept confidential and simply provides the information necessary to make the phone calls, and for emergency personnel to respond if ever needed.

- **Call the Program Coordinator at (831) 454-7686 *OR***
- **Enroll on-line at www.scssheriff.com under the Community Services & Programs section**
- **Once your application has been received, we will contact you for further information**